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2025 - 2026

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¹ <https://www.newscientist.com/article/2217483-plastic-tea-bags-shed-billions-of-microplastic-particles-into-the-cup/>



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PASSPORT TO NATURE IS ORGANIZED BY...

*The Couchiching
Conservancy*



We are a charitable non-profit, non-government land trust dedicated to protecting nature for future generations. Our work is powered by members, supporters, businesses, volunteers and foundations. Since 1993, we have helped protect over 15,000-acres of wilderness. We operate on the territory of the Anishnaabeg.

Want to learn more & get involved? Reach out to us!

OFFICE: 1485 Division Rd West, Severn, ON L3V 0X6
couchichingconserv.ca | 705 326 1620



@couchichingconservancy



HOW TO TAKE PART

- 1 PLAN**
Read this booklet for event info, activities, and places to explore.
- 2 REGISTER & DOWNLOAD**
Register online through couchichingconserv.ca (event open two months in advance).
- 3 ATTEND!**
Remember to dress for the weather, wear sturdy footwear, and bring water. Leave dogs at home and be mindful of ticks, biting insects, and seasonal conditions. Please arrive 15 minutes before event start time.
- 4 SHARE**
Tag us on Facebook or Instagram at @couchichingconservancy.
- 5 PROTECT NATURE**
Become a member, supporter, volunteer — or simply sign up for our monthly newsletter. Our work is made possible by people like you!

Front cover: Monarch Butterfly (J. Trudell),
Wildlife Photography participant (D. Halbot),
Paddle Party (R. Lamoureux).

CALENDAR

CHECK OUR ONLINE EVENT
CALENDAR FOR OTHER EVENTS!

YEAR ROUND & SELF-GUIDED

DIY Road Trip of Carden

DIY Road Trip of Oro-Medonte

2025

Tue, Apr 22: Farm Lab Tour & Movie Night

May 23 - 24: Carden Challenge

Sat, May 10 : Spring Ephemerals

Sun, June 8: Forest Bathing

Sat, July 12: Bat Monitoring

Sat, Aug 9: Paddle Party

Sun, Aug 23: Music in the Grove

Sat, Sept 27: Indigenous-led Hike & Sharing Circle

Sun, Oct 5: Painting in the Wildlands

Tue, Nov 4: Birds, Beer & Bingo

2026

Sat, Jan 24: Children's Story Walk

Tue, Feb 10: Rewild your Backyard

Mar: Annual General Meeting

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The Couchiching Conservancy*



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PLAN YOUR VISIT



Many of the nature reserves The Couchiching Conservancy and partners protect have walking trails or footpaths! On-going care of these reserves, including seasonal trail maintenance, is made possible by our members, volunteers and supporters. Donations for trail use are appreciated!

There are over 23km of trails between the following nature reserves:

- Adams
- Agnew
- Alexander Hope Smith
- Cameron Ranch (CAPP)
- Carthew Bay
- Church Woods
- Grant's Woods*
- East Coulson Swamp (NCC)
- Starr Sanctuary
- Ron Reid
- Scout Valley
- Sweetwater Farm
- Sedge Wren Marsh (CAPP)

See them all by flipping to the map on the centre page!

*Make a booking with the office for groups, classrooms or photography sessions

CAPP = Carden Alvar Provincial Park NCC = Nature Conservancy of Canada



NOT SURE WHERE TO GO?

We have created a downloadable visitors guide with our suggestions of the best places for birds, flowers, family outings and much more. Visit our website, and click "Trails".

DOWNLOAD TRAIL MAPS FOR FREE



TAG US!

@couchiching
conservancy

Sign up to receive
access to all of our
Trail Maps. We'll
keep you updated
on our conservation
efforts after that!



VISITORS' ETIQUETTE

Nature reserves with trails represent years of conservation work and countless hours by staff and volunteers to protect the landscape and maintain the paths.

There are some simple rules you must follow while visiting:

- 1 TREAD LIGHTLY**
Visit the reserves for nature appreciation and low impact activities. Enjoy 'passive recreation' such as walking and birding.
- 2 DOGS ON LEASH**
Keep your pet(s) on leash, reduce the impact on the land and respect other visitors.
- 3 LEAVE NO TRACE**
Do not take anything from the reserves, including mushrooms, flowers, sticks, etc. Take home any litter or pet waste.
- 4 KNOW YOUR ROUTE**
Download a map, and stay on marked trails. Be prepared. Let someone know of your plans.
- 5 BE AWARE**
Pay attention to your surroundings and changes in the weather. Watch for plants and animals, and make space for others.



DOGS ON LEASH INFO



FARM LAB TOUR & MOVIE NIGHT

TUES, APRIL 22 5PM - 9PM



**Lakehead
University**



**Registration
required**



**Donations
Appreciated**

Celebrate Earth Day with a guided tour of Lakehead University's Farm Lab starting at 5:00 PM (optional, limited spots), followed by a 6:00 PM screening of *Eating Our Way to Extinction*—a powerful documentary exposing the environmental impacts of industrial food systems and offering hope for a more sustainable future.

Healthy ecosystems are essential for growing food, maintaining clean water, and supporting pollinators. Protecting natural spaces through conservation is a key step in ensuring long-term food security for all.

Dr. Gerardo Reyes will introduce the film and lead a post-film discussion. Bring a device for an interactive discussion.

In partnership with



**Sustainable
Orillia**

Hosted by



**Lakehead
UNIVERSITY**

Office of
Community
Engagement and
Lifelong Learning





Conservation Excellence Certification

! DID YOU KNOW...

As of 2025, The Couchiching Conservancy has been awarded Conservation Excellence Certification by the Centre for Land Conservation! This national recognition reflects our commitment to high standards in land protection, stewardship, and organizational leadership. With your support, we're proud to be among Canada's leading land trusts, protecting nature for future generations.

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21ST ANNUAL

Carden Challenge

MAY 23 - 24, 2025



24 hour birding & biodiversity challenge
to raise funds for alvar conservation

- Take part with a team.
- Count from home or from the Carden Alvar.
- Count as many species as possible in 24 hours.
- Raise funds to support conservation.
- Compete for trophies!
- Win great prizes!



American Bullfrog

ARE YOU 15 - 30? LOVE NATURE?



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Inspiring Others, Changing The World

YOU CAN HELP WITH LOCAL CONSERVATION PROJECTS

Join free one-day workshops where you
can make a tangible difference.

Trail Cams & Tracks

- Set up trail cameras
- Analyze and classify footage to determine how wildlife interact with fencing

Release the Wild

- Remove fencing that impedes wildlife movement through nature reserves

Wildlife on Roads

- Survey roads surrounding nature reserves for wildlife
- Help construct a wildlife eco-passage



WHY TAKE PART?

- ✓ Empower Yourself
- ✓ Inspire Change
- ✓ Build Connections
- ✓ Amplify Your Voice

LEARN MORE

-  couchichingconserv.ca/youth
-  alysa@couchconservancy.ca

SPRING EPHEMERALS

SAT, MAY 10 10AM - 1PM



Church Woods
Nature Reserve



Max: 15 people
Register on our website

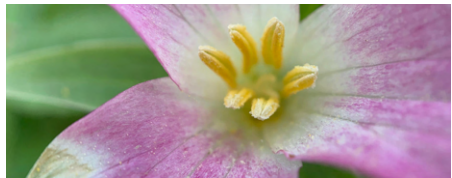


Members: \$15
Non-members: \$20

Join Chase Moser (M.Sc. Biology), from Lakehead University's Biology & Sustainability Sciences staff, for an engaging spring wildflower hike. Just northeast of Barrie, this 25-acre property has been protected since 2007. It features mature hardwood forest, a network of seasonal streams, and diverse native plant life, including endangered Butternut trees.

Explore the beauty of spring and learn about local plants in a fun, interactive way.

Photo ID: Red Trillium (T. Rowland), Trillium (S. Vessios).



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YOUR GREEN LEGACY, FOREVER

Members of the Past Presidents Council created the Heartwood Fund, a protected endowment, to support the core of The Couchiching Conservancy. Legacy gifts help grow this fund to ensure that the mission to protect nature continues forever.

! DID YOU KNOW...

Spring ephemerals like trilliums and trout lily's bloom early to soak up sunlight before the forest canopy fills in. Though they're only visible for a short time, they're vital for supporting early pollinators and forest health.



ROADTRIP OF CARDEN

ANYTIME! We recommend the spring



Carden Alvar



Register on our website



Donations appreciated

Looking to explore a new region but don't know where to go? We've got your itinerary planned for you! This do it yourself road trip takes you to a globally rare landscape with over 200 bird species who call this area home.

Trip highlights are scenic viewpoints, rare species, and visiting three different nature reserves with trails.

Download our guide to receive insider tips from locals, ensuring an unforgettable exploration of the region. If you make a generous donation exceeding \$50, we'll mail you a physical copy of this guide. Get set for a day filled with wonder!

Photo ID: Cinquefoil (J.Pelley), Yellow Warbler (T. Rowland).

! DID YOU KNOW...

Each spring and summer, the Carden Alvar transforms into a haven for grassland birds, drawing birders and researchers from across North America. Its open, windswept terrain creates perfect nesting conditions for species like the Upland Sandpiper, Eastern Meadowlark, and Bobolink. The chorus of birdsong across the alvar is one of its most unforgettable features.



Eastern Meadowlark

MADE POSSIBLE BY:

The Miller Group is proud to continue supporting
The Couchiching Conservancy Passport to Nature



Midland Painted Turtle



Toad



Help Build an Eco-Passage!



Every year, thousands of frogs, salamanders, and other wildlife face a dangerous journey across roads near Whitney Wetland and McIsaac Nature Reserve. Vehicle collisions and habitat barriers threaten their survival.

We're making a change. With support from our Wildlife on Roads Community Science program, we're creating our first-ever eco-passage by retrofitting an existing culvert and enhancing nearby habitat—giving wildlife a safer way to cross.

Spotted Salamander



WORK BEGINS THIS MAY- CAN YOU HELP?

CONTACT: Alysha Henry, alysha@couchconservancy.ca

! DID YOU KNOW...

The Couchiching Conservancy is always working to acquire and protect new environmentally significant areas. Some land donations or acquisitions can take years to go through the entire process. That is one reason that having on-going support from people like you is so important.

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SEE OUR EVENT CALENDAR
FOR MORE EVENTS!

couchichingconserv.ca/about-us/events-calendar/

FOREST THERAPY

SUN, JUNE 8 10AM - 12PM



Hancock Hermitage
Easement



Max: 15 people
Register online

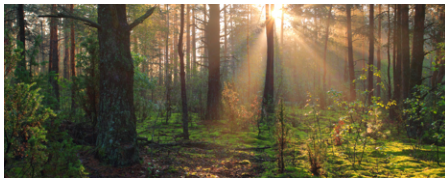


Members: \$15
Non-members: \$20

Experience the calming and rejuvenating practice of forest bathing on a 1 km guided walk with certified forest therapist, Beth Foster. As spring transitions to summer, slow down, de-stress, and engage your senses while deepening your connection with nature.

Forest bathing enhances creativity, wellness, and happiness. This walk offers a rare opportunity to explore a protected property not normally open to the public, located within an important ecological area. The Oro Moraine—an essential recharge area for clean drinking water and home to diverse wildlife.

Photo ID: Oro Medonte (S. Vessios), Red-breasted Nuthatch (T. Rowland).
Opposite page: Stickeback Stream (T. Rowland).



! DID YOU KNOW...

Doctors in Canada can now prescribe time in nature to support mental and physical health. Nature prescriptions have been shown to reduce stress, improve mood, and boost heart health.



MADE POSSIBLE BY:



The Frenette-Ling Family would like to honour The Couchiching Conservancy and all the creatures they protect by supporting the Passport to Nature



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BAT MONITORING

SAT, JULY 12 8:30- 10PM

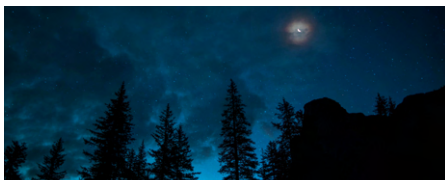


 **Thomas C. Agnew Nature Reserve**  **Max: 30 people**  **Members: \$15**
Register on our website **Non-members: \$20**

Bats are endangered species threatened by disease and habitat loss, are being closely monitored by the Couchiching Conservancy Bat Monitoring Teams. Using specialized technology, we can track and identify at least five species found in the area.

Join us for an evening walk along the Severn River, led by Citizen Scientists Katrina Hunt and Bill & Vicki Sherwood. Experience bats in their natural habitat, learn about their critical role in the ecosystem, and see conservation science in action!

Photo ID: Silver Haired Bat (T. Rowland) Volunteers bat monitoring (J. Burnie) (T. Rowland).





MADE POSSIBLE BY:



ANGELA REHHORN
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"The Passport to Nature program inspires people to connect with nature. It is our honour to support this program in memory of our daughter and sister, Angela."

The Rehhorn Family



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PADDLE PARTY

SAT, AUG 9 10AM - 1PM



Ron Reid
Nature Reserve



Max: 15 people
Register on our website



Members Only

This paddle on the historic Black River is led by Phil Careless, Ontario Parks biologist. The route will take paddlers from the Rosebush Landing entry to the foot of Ragged Rapids and back. Along the way, Phil will intrigue you with interesting facts about the riparian landscape and local species, including one of the most endangered animals in North America. Bring your own canoe or kayak (no inflatable SUP's). Life jackets are mandatory and must be worn. This reserve is one of our wildest properties, at 729-acres, and it's connected to the Queen Elizabeth II Wildlands Provincial Park. Register fast – this event is popular!

Photo ID: Participants at last year's Paddle Party event (R. Lamoureux).





MADE POSSIBLE BY:



Volunteers dedicated to protecting the unique beauty and rich biodiversity of the Carden Alvar through stewardship, partnerships, and advocacy.

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🌐 cardenfieldnaturalists.ca



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Event Sponsor



! DID YOU KNOW...

The Blanding's Turtle can live over 80 years, but it's now a threatened species in Ontario due to habitat loss and road mortality. Its bright yellow chin makes it easy to recognize!



MUSIC IN THE GROVE

SAT, AUG 23 12 - 2PM



Cedar Grove
Nature Reserve



Max: 50 people
Register on our website



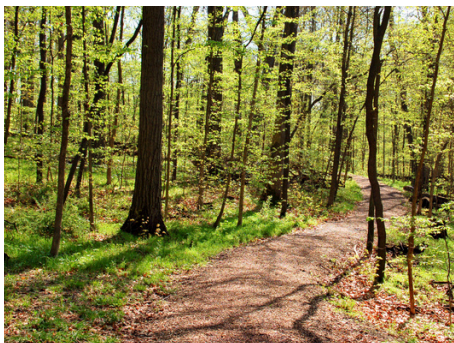
Members: \$20
Non-members: \$25

Spend an afternoon our new property donated by the Orillia Horticultural Society. Bring a blanket or chair and enjoy a Mariposa Market boxed lunch with live music along the trails.

Featuring Andrew Woodill, a multi-instrumentalist and music teacher, and Jessica Martin and Sean Patrick, a duo blending Métis fiddle and experimental banjo for a fresh take on traditional music.

Lunch and music included. Please carpool—parking is limited.

Photo ID: Cedar Grove Nature Reserve (T. Rowland).



! DID YOU KNOW...

Ontario is home to approximately 25% of Canada's wetlands and 6% of the world's wetlands. These areas support over 600 species and help prevent flooding, clean water, and store carbon. Many are right here in our region—and disappearing fast.

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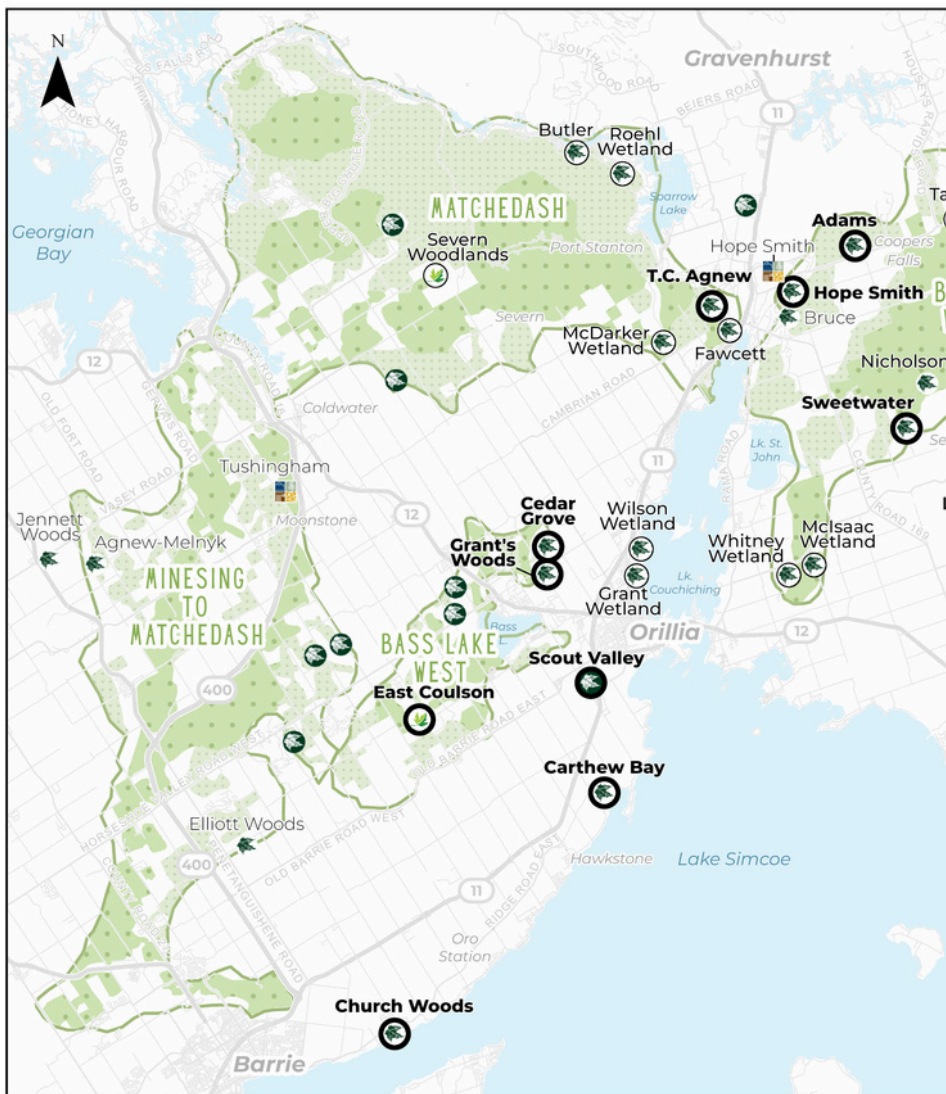


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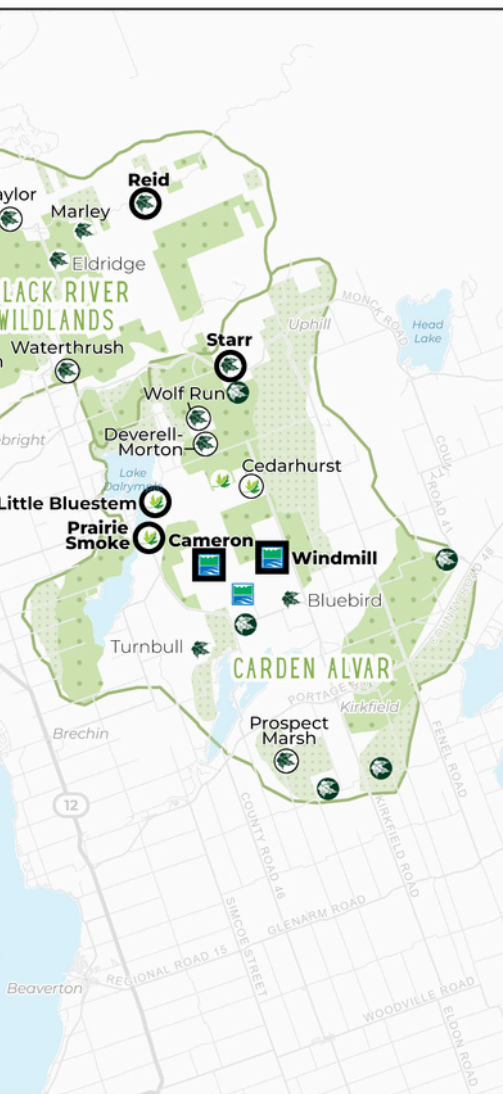
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Created by The Couchiching Conservancy, April 2025. Projected coordinate system NAD 1983 UTM 17N. Contains information licensed under the Open Government concept, conceptualized by Ron Reid and The Couchiching Conservancy and digitized by Kawartha Conservation (2020). This is an artistic rendering and is not meant for navigation. We operate in the territory of the Anishinaabeg.



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NATURE RESERVES AND EASEMENTS




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-  The Couchiching Conservancy
-  The Couchiching Conservancy Easement
-  Nature Conservancy of Canada
-  Ontario Heritage Trust
-  Ontario Parks

ACCESS:

-  Open to public with trails
-  Open to public but no trails
-  Closed to the public

AREA OF INTEREST FOR CONSERVATION:

-  Conservation Corridor
-  Priority 1 Zone
-  Priority 2 Zone



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ROADTRIP OF THE MORaine

ANYTIME! We recommend the fall



Oro Medonte



Download from
our website



Donations
Appreciated

Looking to explore beautiful forests and wetlands close to home? We've got your route planned for you! This do-it-yourself road trip takes you through three unique nature reserves nestled along the edge of the Canadian Shield.

Trip highlights include old-growth maple forest, scenic wetland views, upland trails, and the chance to spot forest birds, butterflies, and frogs along the way.

Download our guide to get local insights and hidden gems for your journey. Make a generous donation of \$50 or more and we'll mail you a printed copy of the guide to take along. Set out for a day of discovery in Oro-Medonte's protected wild spaces!

Photo ID: Hepatica, Pileated Woodpecker (T. Rowland).

THANK YOU!

A fantastic committee of volunteers bring this program to life: Janet Machan, Jane Sloley, Susan Crowe, Suzanne Wesetvik, Norm Sinclair, Joan Berndt, Debra Stewart, Donna Godfrey, Tanya Clark, Meg Whitten, and Jocelyn Trudell. And to our Board of Directors for all of their support! Thanks to our talented event leaders who share their time and expertise. And of course to the businesses who have supported this program and our conservation efforts. We couldn't do it without all of you!

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SAT, SEPT 27 10AM - 12PM



Grant's Woods
Nature Reserve



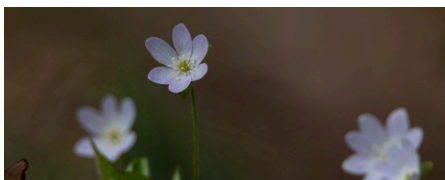
Max: 20 people
Register on our website



Donations
Appreciated

Stories of the land: A sharing of Indigenous teachings and stories based on a deep connection to the land and lessons passed down through generations. Dr. Sharla Mskokii Peltier and Elder Mark Douglas from Mnjikaning (Rama) First Nation will lead a leisurely walk through the woods (approximately 2km), culminating in a story and sharing circle in the forest. This event is open to both Indigenous community members and allies.

Photo ID: Participants from last years Indigenous-Led hike and Sharing Circle (N. Rulff), Sharp Lobed Hepatica (T. Rowland).



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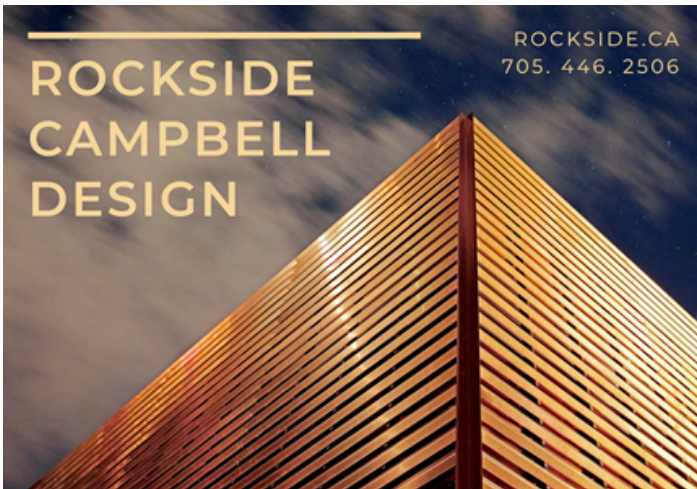
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PAINTING IN THE WILDLANDS

SUN, OCT 5 10AM - 1PM



Adams
Nature Reserve



Max: 16 people
Register on our website



Members: \$15
Non-members: \$20

Join Doug Cooper, a well-known artist from Washago, for an outdoor acrylic painting workshop. This 3-hour workshop will take place off of Coopers Falls Road, approximately 5km west of the village of Washago, providing stunning vistas to inspire you.

Participants are asked to bring their own painting supplies and dress for the weather as it will go rain or shine. We will be walking to a few different areas of the reserve, so pack light and wear appropriate footwear. Sign up, come out and partake in this “plein air” experience!

Photo ID: Participants at last year's Painting in the Wildlands event (N. Rulff), Red-Squirrel (J. Burnie).





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BIRDS, BEER & BINGO

TUE, NOV 4 7PM - 9PM



Brewery Bay



Register on our website



Members: \$15

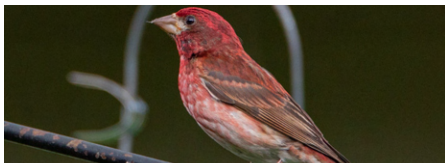
Non-members: \$20

Not sure if you're hearing a sparrow or a robin? Join us for a fun and friendly evening of learning bird calls—perfect for beginners! We'll kick things off with a 1-hour tutorial covering common (and a few trickier) calls, plus tips for remembering them. Then we'll play a few rounds of Bird Call Bingo to practice what you've learned — with a prize for the winner!

No experience needed. Ticket includes a locally brewed beer from Couchiching Brewery.

Please note: the event is held on the second floor without elevator access. We're sorry for the inconvenience.

Photo ID: Rose-breasted Grosbeak, Chipping Sparrow, Purple Finch (T. Rowland).



Bobolink

! DID YOU KNOW...

Bobolinks migrate over 20,000 km each year—from Ontario to South America—making one of the longest journeys of any North American songbird! Sadly, they're now listed as a Threatened species in Canada due to habitat loss from changing agricultural practices.

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CHILDREN'S STORY WALK

SAT, JAN 24 10AM - 12PM



Scout Valley



Register on our website



Donations
Appreciated

We invite you to a unique walk in the woods! In celebration of Family Literacy Day (January 27), the library staff have prepared a special nature story for you to read page by page, as you hike through beautiful Scout Valley, an easement of The Couchiching Conservancy. You will also enjoy time with your family as you look for unique natural features along your walk. Fill out our scavenger hunt to look for evidence of animals passing or to identify and learn about natural features of the forest. Finish your walk at Regan House with a warm drink, a craft and to place your entry into our scavenger hunt prize draw.

Photo ID: Participants at last year's Children's Story Walk event (T. Knight).





MADE POSSIBLE BY:



COME IN AND PLAY!

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REWILD YOUR BACKYARD

TUE, FEB 10 7PM - 8:30PM



Zoom



Max: 200 people
Register on our website



Suggested \$5
contribution per person

Want to become a steward of your own little green space? Small urban gardens and even minor changes in gardening practices can create vital sanctuaries for wildlife and pollinators. When combined, these efforts can lead to a significant environmental impact.

Join Colleen Cirillo, an Environmental Educator, Communicator, and Researcher with a Master's in Environmental Studies from the University of Waterloo and an Honors Bachelor of Environmental Studies from York University. In this webinar, she will demonstrate how thoughtful plant choices and simple garden design tweaks can turn your space into a thriving nature reserve.

Photo ID: Bumblebee (J. Burnie), Smartweed (J. Pelley). Opposite Page: Monarch (J. Burnie).



MADE POSSIBLE BY:



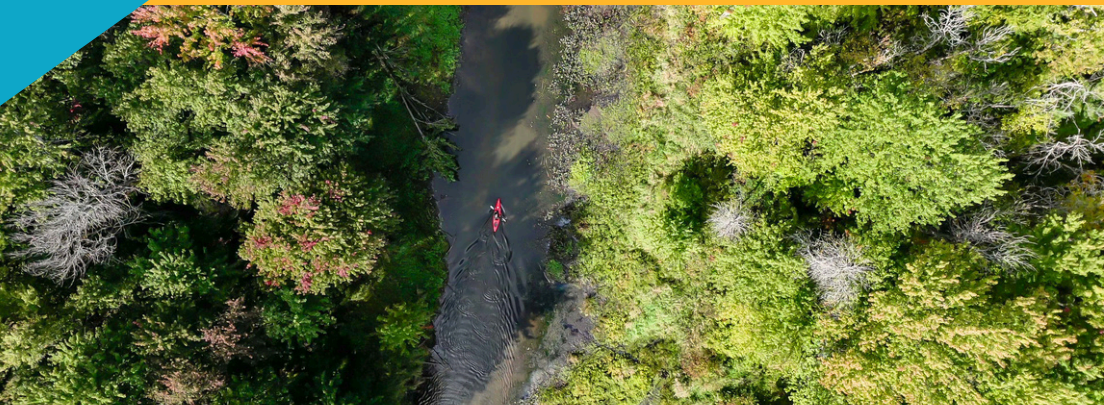
! DID YOU KNOW...



Dog-strangling vine, an aggressive invasive plant, can fool Monarch butterflies into laying eggs on it – but their caterpillars can't survive on the plant. That's why invasive species removal is a critical part of conservation work.

ANNUAL GENERAL MEETING

MARCH 2026



Stay tuned for
the date



Watch our website and
newsletter for details

Our Annual General Meeting is our most important event of the year, where we recap the past year's activities and share what is next. We recognize supporters and volunteers, vote in the next Board of Directors and more.

Members have voting rights, and absolutely everyone is welcome to attend. This is a great chance to chat with others committed to protecting nature, ask questions and connect with the community.

Photo ID: Conservation Biologist Toby Paddling Minesing to Machedash. Photos from last year's meeting by Joseph Horne. The audience, Board members Jack, Bob, Neil, Kathy, and Jane, Executive Director Dorthea.





GIVE BACK



White
Trillium

You've visited the nature reserves, you understand the importance of protecting these landscapes - for species, for our community and for the future. So now what? Take action for nature today by making a gift!

Your donation fuels our work, protecting ecosystems and promoting environmental stewardship. Together, let's create a sustainable future. Every contribution, big or small, powers positive change.

MAKE A GIFT TOWARDS:

- Become a member (\$40)
- Support monthly, like a nature subscription
- Make a special gift to the Land for Life Campaign
- Buy a gift of nature for a loved one (and we can send them a card on your behalf!)

The Couchiching Conservancy is funded by people like you. People who take action to protect nature. People who know that protecting wild landscapes is critical to our collective future.



Wilson's
Snipe

YOUR GIFT FOR NATURE

ONLINE: scan our QR code or visit couchichingconserv.ca/donate

BY PHONE: 705-326-1620

MAIL: cheque payable to
The Couchiching Conservancy,
mail to Box 704, Orillia, ON L3V 6K7

IN PERSON: 1485 Division Rd W, Severn,
ON L3V 0X6. Open Monday to Friday.

Charitable Reg. Number: 13972 5030 RR0001



MEMBER & MONTHLY DONOR PERKS

Members and monthly donors are guardians of our community's natural legacy. Your support fuels our conservation efforts, ensuring our environment remains safeguarded for generations to come.

With every new supporter, our collective strength grows. This amplifies our influence in securing vital funding from potential funders, amplifying the impact of our conservation endeavors. **Join us today** and be a catalyst for lasting environmental preservation!

- A **charitable tax receipt** for the full value of your contribution;
- Access to our **Members Only Conservation Corner** with exclusive digital downloads, recordings of webinars and more;
- Discounts on **Passport to Nature** events;
- Receive our online **newsletter** with event notifications, access to trail maps, updates on conservation efforts and more;
- Eligible to **vote** at our Annual General Meeting;
- Be part of your **community's efforts** to protect its natural heritage;
- Sense of **pride** and ownership each time you visit one of the Nature Reserves;
- **Meet others** who are dedicated to protecting our landscapes.

I'M A
MEMBER!

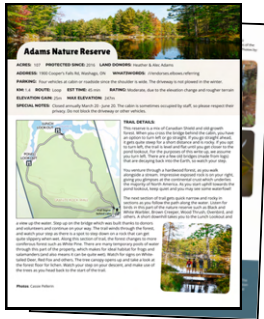




CONSERVATION CORNER

New! We put our heads together and pulled together brand new digital downloads for our **Members Only** Conservation Corner.

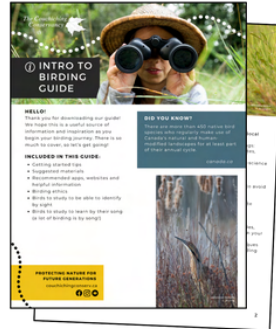
DIGITAL DOWNLOADS:



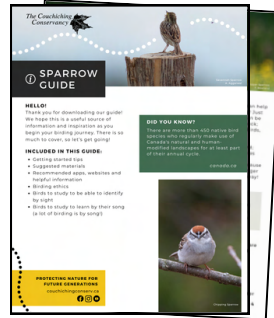
Nature Reserve
Info Sheets



DIY Road Trips for Black
River, Carden & Oro Moraine



Intro to Birding
Guide



Sparrow Guide

WEBINAR RECORDINGS:

- Bat identification
- Turtle identification
- Flora of the Kawarthas
- Birding by Ear

EVENT DISCOUNTS:

To get the discount code for passport events email Jocelyn.engage@couchconservancy.ca

Sweetwater

ACRES: 185 PROTECTOR

ADDRESS: 6298 Pear

PARKING: In front

KM: 2 ROUTE:

ELEVATION CAI

Onward you go
encounter "gyke"
limestone by water
or clints. After the
Watch your step in the
A small downhill takes
deposited rock which tal
kilometres. Next you have a
same distance as following th
but another view of the stream
Photos by: Toby Rowland and Cass

PROTECT NATURE BY VOLUNTEERING!

People who share their time and skills to benefit nature in our region are at the heart of what we do. It is thanks to hundreds of volunteers that we're able to accomplish so much, and make a difference for the species who call this area home.

Examples of roles:

- Ambassador
- Bat Monitors
- Water Quality Monitors
- Office Support
- Reptile Monitor
- Data Analyst
- Land Stewards
- Maintenance
- Invasive Species

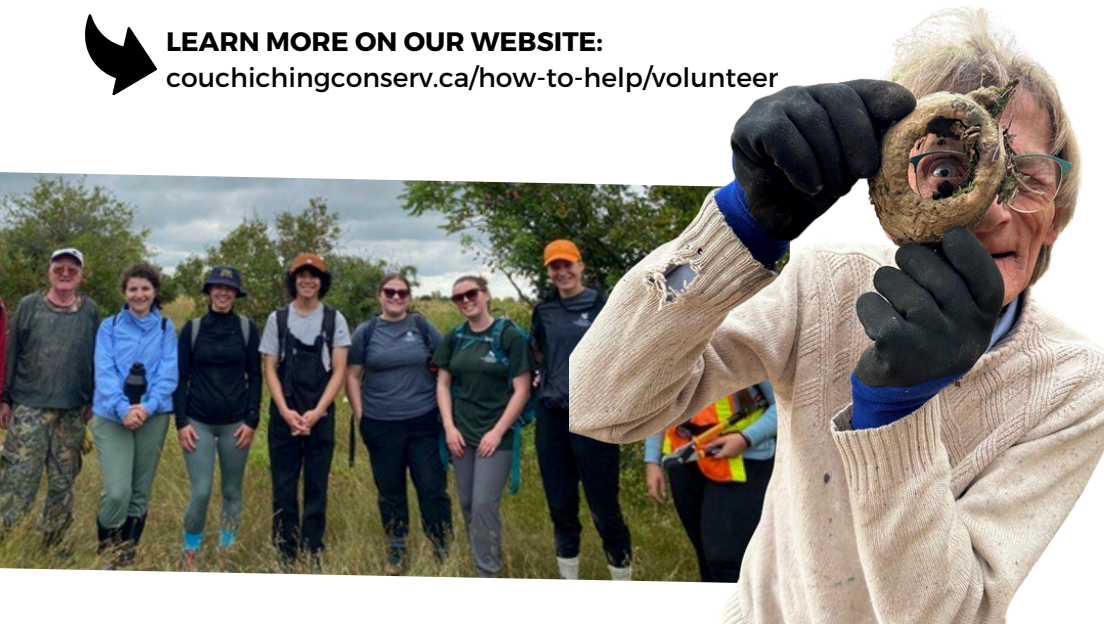


From monitoring species at risk to supporting outreach or office projects, volunteers take on a wide variety of roles across the Conservancy. New volunteers are recruited each winter – consider joining us to learn new skills, explore the outdoors, and take meaningful action for nature.



LEARN MORE ON OUR WEBSITE:

couchichingconserv.ca/how-to-help/volunteer



A small blue bird with a white belly, perched on a green branch with leaves.

Indigo Bunting

A close-up of an otter's head, looking upwards, with its fur wet and dark brown.

Otter

Join the Blitz for Biodiversity!

- > A BioBlitz is like a nature scavenger hunt — scientists, naturalists, and curious community members team up to find and record as many species as possible in a single day. From wildflowers to frogs to fungi, every sighting counts!

These one-day events, led by our Stewardship staff, help us understand the biodiversity of our nature reserves and contribute to real conservation research. No experience needed—just curiosity and a good pair of hiking shoes!

A close-up of an Eastern Hog-nosed Snake's head, showing its distinctive patterned scales and a slightly open mouth.

Eastern Hog-nosed Snake

SAVE THE DATES

ELDRIDGE NATURE RESERVE: SAT, JUNE 24

MITCHELL BRUCE NATURE RESERVE: SAT, JULY 12

CONTACT: Meghan Duell, meghan@couchconservancy.ca

MAKE A GIFT

Monarch
Butterfly



Name(s): _____

Address: _____

Contact info (☎/✉): _____

☐ **Making a donation:** \$ _____

☐ **Becoming a member:** ☐ \$40, individual ☐ \$80, for two

Giving via:

☐ **Visa/Mastercard:** _____

Expiry: _____ CVC: _____ Signature: _____

☐ **Cheque** made out to The Couchiching Conservancy

☐ **Etransfer** sent to info@couchconservancy, password Nature

Drop it off: 1485 Division Rd W, Orillia, ON L3V 6H2

Or mail to: PO Box 704, Orillia, ON L3V 6K7

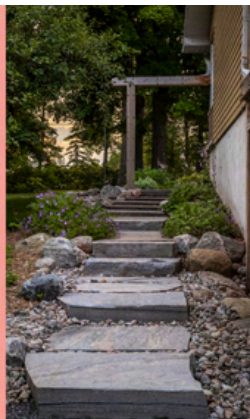
Back cover photo ID: Great Blue Heron (C. Curran).

Grasshopper

monarch
crysalis



THANKS TO OUR PROGRAM SPONSORS



PARKLANE
LANDSCAPES

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705-327-0064

parklanelandscapes.ca

Proudly Assisting Simcoe North with Provincial Support

- Special Event Scrolls
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- Family Responsibility Office Issues
- Health Cards/OHIP Issues
- GAINS (tax credit)
- Health Care
- Small Business Issues
- Natural Resources & the Environment
- Ontario Disability Support Program
- Ontario Student Assistance
- Trillium Drug Program
- Seniors Issues
- Workplace Safety & Insurance Board
- Provincial Government Programs

JILL DUNLOP

MPP – Simcoe North/Nord

JillDunlopMPP.ca | Jill.Dunlopco@pc.ola.org | 705-326-3246



The Couchiching Conservancy



LET'S BE FRIENDS!    @couchichingconservancy



PROTECTING NATURE FOR FUTURE GENERATIONS

Founded in 1993, The Couchiching Conservancy is a charitable non-profit, non-government land trust powered by people like YOU. Together, we are dedicated to protecting nature.

HOW YOU CAN HELP

- Become a member
- Volunteer your time
- Grow into a monthly giver
- Share this booklet with a friend



CONNECT WITH US

couchichingconserv.ca
705-326-1620